



FAR HORIZONS PACKING LIST

It's almost time for your stay with us in the beautiful Sequoias. Below is our suggested packing list.

Clothing

- Comfortable clothing for yoga, dance, relaxation, and meditations
- Clothing for hiking, exploring, and sitting by the fire in the evenings
- Bathing Suit
- Sneakers or Hiking Boots
- Pajamas
- Light Rain Jacket
- Bandana
- Jacket and Warm Clothes for Night

Toiletries

- Toothbrush and Toothpaste
- Soap
- Shampoo and Conditioner
- Feminine Products
- Deodorant
- SPF Lip Balm
- Glasses, Contacts, Contact Solution

Other

- Backpack
- Re-Usable Water Bottle or Canteen
- Towels
- Washcloth
- Shower Sandals or Flip Flops
- Flashlight/Headlamp
- Extra Batteries
- Bug Repellent
- Sunblock
- Sunglasses
- Hat
- Credit Card/Cash/Government Issued ID
- Any Medicine You May Need
- Journal and Pens
- Books to Read
- Musical Instruments
- Yoga Mat/Bolster/Meditation Cushion
- Sketchbook and Art Supplies
- Camera
- Camp Chair
- Binoculars

Please bring a flashlight and/or headlamp. Plan on packing clothing for both warm and cold weather. Because of the center's high altitude, the weather can be changeable, and the evenings are often cool. **Plan for both very warm and very cold weather, rain and shine.** Other important items include a reusable water bottle, flashlight/headlamp, bug repellent, yoga mat, musical instruments, books, art supplies, a camp chair, and a spirit of adventure.

